



UNMASKED

with Wesley Farnsworth

3-Part Devotional Series: Changing Your Stars

**Based on Podcast Episodes
19, 21, and 23**

This devotional is designed for individuals or small groups seeking honest, grace-filled reflection around healing, identity, and faith. It is intended as a companion resource to the Unmasked podcast and is not a substitute for pastoral care, counseling, or professional support.

Day 1 (Based on Episode 19)

“Exposing the Lie: You Can’t Change Your Stars”

Scripture Reading

Romans 8:1 (NIV)

“There is now no condemnation for those who are in Christ Jesus.”

Isaiah 43:18–19

“Forget the former things; do not dwell on the past. See, I am doing a new thing!”

Devotional Thought

Every one of us has had moments where someone — a parent, a boss, a teacher, a friend, or even our own thoughts — told us we couldn’t change:

“You are who you are.”

“You always mess things up.”

“You’ll never be different.”

“You’ll never become anything.”

“This is just your life.”

Those words may not have been spoken directly, but they echo in our heads for years. They tell us that the story is fixed, the ending is set, and that our identity is permanently welded to our past.

But God says the opposite.

He rewrites stories. He transforms identities. He renews minds. He restores broken places.

Your “stars” — your future, your identity, your direction — can change because God is not bound by your past.

He is the God who says, “I am doing a NEW thing.” Not a patched-up thing... a new thing.

The lie says: “You can’t change your stars.”

The Gospel says: “I specialize in rewriting galaxies.”

Reflection Questions

1. What lies have been spoken over your life — directly or indirectly — that you still carry?
2. When you look at your past, what parts feel “unchangeable”?
3. Where do you sense God whispering, “This is not your whole story”?

This Week’s Challenge

Write down one lie you’ve believed about yourself — then cross it out. Underneath, write the truth God declares in Scripture.

Prayer

Lord, reveal the lies that have shaped my identity. Expose the voices that told me I was stuck, small, or unworthy. Replace every lie with Your truth. Give me the boldness to believe that You can change my stars — and to step into the future You’re calling me to. Amen.

Day 2 (Based on Episode 21) — “From Peasant to Royalty: Finding Your True Identity”

Scripture Reading

1 Peter 2:9 (NIV)

“You are a chosen people, a royal priesthood, a holy nation, God’s special possession...”

Romans 8:15

“...you received the Spirit of adoption... by him we cry, ‘Abba, Father.’”

Devotional Thought

Most believers know they’re forgiven. But far fewer know they’re adopted.

Forgiveness removes your guilt. Adoption gives you your identity.

Forgiveness says, “You’re not what you did.” Adoption says, “You are Mine.”

So many Christians live like spiritual peasants: heads down, afraid to dream, afraid to be seen, afraid to fail, afraid to step into calling.

We serve God sincerely, but we do it while carrying quiet shame — believing God tolerates us more than He delights in us.

But Scripture doesn’t call you a spiritual peasant. It calls you royalty.

You are chosen. You are valued. You are wanted. You belong.

You don’t earn identity. You inherit it.

And once you accept your royal identity, everything begins to change. You dream differently. You walk differently. You pray differently. You lead differently. You show up differently.

Because royalty no longer watches from the alley. Royalty joins the parade.

Reflection Questions

1. Where are you still thinking like a “spiritual peasant”?
2. What part of God’s identity for you is hardest to believe?
3. What would change in your life if you fully believed you were chosen and royal?

This Week’s Challenge

Write a short declaration rooted in Scripture about who you are in Christ.

Prayer

Father, thank You for adopting me into Your family. Help me see myself the way You see me — not as a peasant, but as royalty. Break every false identity I’ve carried, and teach me to walk in the confidence, humility, and purpose of a child of the King. Amen.

Day 3 (Based on Episode 23) — “Stepping Into the Life God Designed: Changing Your Stars”

Scripture Reading

2 Corinthians 5:17 (NIV)

“If anyone is in Christ, the new creation has come: The old has gone, the new is here!”

Psalms 37:23

“The steps of a good man are ordered by the Lord...”

Devotional Thought

Transformation is not a moment — it’s a process. A journey. A series of surrendered steps.

You don’t change your stars by accident. You change them through obedience — sometimes shaky obedience, sometimes small obedience, sometimes reluctant obedience — but obedience nonetheless.

God doesn’t ask you to be ready. He asks you to be willing. The Kingdom is full of people who changed their stars not because they were strong, but because they said yes:

Moses said yes while hiding. Gideon said yes while afraid. Isaiah said yes while unclean.

Esther said yes while terrified. Peter said yes while shameful. Paul said yes while undeserving.

God uses brave obedience — not perfect people. And the same is true for you.

Your identity is royal. Your calling is real. Your future is possible.

Your past is already covered. Your story is being rewritten. Your blueprint is unfolding.

You CAN change your stars — because God is the One writing the sky.

Reflection Questions

1. What is one step of obedience God is asking you to take right now?
2. What fear is keeping you from stepping into your next season?
3. What vision of your transformed future do you sense God nudging you toward?

This Week’s Challenge

Take one brave step toward the life God is calling you into.

Just one. Small is okay. Quiet is okay. Trembling is okay.

Obedience is the win.

Prayer

Jesus, thank You for rewriting my story. Help me trust Your blueprint more than my fear. Give me courage to take the next step You’re asking of me. Transform my desires, my habits, my identity, and my direction until my life reflects the new creation You’ve already declared me to be. Amen.

For more conversations like these, listen to the Unmasked podcast on Spotify, Apple Podcasts, or YouTube.