



UNMASKED

with Wesley Farnsworth

3-Part Devotional Series: God Writes New Stories

**Based on Podcast Episodes
13, 15, and 17**

This devotional is designed for individuals or small groups seeking honest, grace-filled reflection around healing, identity, and faith. It is intended as a companion resource to the Unmasked podcast and is not a substitute for pastoral care, counseling, or professional support.

Day 1 - “Honesty Is the Beginning of Healing”

Based on Episode 13: The Night Everything Changed

Scripture Reading

Psalm 51:6 (NIV)

“Surely you desire truth in the inner parts; you teach me wisdom in the inmost place.”

John 8:32

“Then you will know the truth, and the truth will set you free.”

Devotional Thought

Many of us grow up learning how to behave spiritually before we learn how to be honest spiritually. We learn how to smile, serve, perform, and “be strong,” even when our inner world is unraveling. But the truth is this:

God doesn’t heal the mask. He heals the real you.

Honesty isn’t weakness — it’s worship. When we bring our whole selves before God, we honor Him with truth. It’s the point where we stop hiding and start healing.

The moment you finally say, “Lord, this is the truth about me,” heaven leans in. Your honesty doesn’t scare God; it invites Him.

The night everything changes is rarely when your circumstances shift... it’s when your heart does.

Reflection Questions

1. What parts of your story have you been hiding from God or others?
2. What emotions rise up inside you when you think about telling the truth?
3. How has pretending or performing impacted your walk with God?

This Week’s Challenge

Tell one safe person the truth about something you’ve been carrying alone — even if you only share a small piece. Choose honesty over isolation.

If this process brings up intense emotions or unresolved trauma, consider reaching out to a pastor, counselor, or trusted professional for support.

Prayer

Lord, give me the courage to be honest with You and with the people You’ve placed in my life. Help me lay down the mask I’ve been holding onto and invite You into the real places of my heart. Teach me that truth brings freedom, and that You are gentle with my vulnerability. Amen.

DEVOTIONAL 2 - “Rock Bottom Is Not Your Ending”

Based on Episode 15: Rock Bottom Is Holy Ground

Scripture Reading

Psalm 34:18 (NIV)

“The Lord is close to the brokenhearted and saves those who are crushed in spirit.”

Luke 15:20

“...While he was still a long way off, his father saw him and was filled with compassion for him; he ran to his son...”

Devotional Thought

Rock bottom is a strange place.

It’s the place we fear...yet the place God often uses.

We think rock bottom means failure. God sees it as an invitation.

Why?

Because that’s where the pretending stops.

That’s where the performance breaks. That’s where the self-sufficiency shatters.

Rock bottom becomes holy ground not because the pain is holy, but because God meets us there with compassion we don’t expect and grace we can’t earn.

The prodigal son didn’t have to climb out of the pit for the father to love him — the father ran to him while he was still a mess.

And God does the same for us.

Reflection Questions

1. Have you had a “rock bottom” moment in your life? What made it feel hopeless?
2. Looking back, can you see how God used that moment to draw you closer?
3. What area of your life feels broken right now, and how might God be inviting you to meet Him there?

This Week’s Challenge

Write down one area of your life that feels like a “rock bottom.” Then, rewrite it as a holy ground moment — a place where God is meeting you, not rejecting you.

Prayer

Father, thank You for meeting me in the places I least expect. Help me see my rock bottoms as opportunities for Your grace to break through. Teach me to stop running from You and instead allow You to meet me right where I am. Turn my low places into holy ground. Amen.

DEVOTIONAL 3 - “Your Shame Is Your Story’s Platform”

Based on Episode 17: When Shame Becomes Your Platform

Scripture Reading

2 Corinthians 1:3–4 (NIV)

“...the God of all comfort... comforts us in all our troubles, so that we can comfort those in any trouble with the comfort we ourselves receive.”

Revelation 12:11

“They overcame him by the blood of the Lamb and by the word of their testimony...”

Devotional Thought

Your story may have chapters you don’t want anyone to read — pages you wish were blank, words you wish you could erase. Shame tells you to hide them.

But God says:

“Bring them to Me. I can use this.”

Your healed wounds can anchor someone else.

Your scars can guide someone out of their darkness.

Your testimony can break chains in someone else’s life.

God never wastes pain. He transforms it.

Every time you say, “I’ve been there, and God met me there,” you shine a light for someone still walking through their valley.

Your story doesn’t disqualify you.

It equips you.

Reflection Questions

1. Which part of your story has been hardest for you to share? Why?
2. Has God ever used your honesty to help someone else?
3. Who in your life might need to hear even a small piece of your testimony?

This Week’s Challenge

Ask God, “Who needs to hear part of my story?”

Then pay attention.

When He gives you the opportunity — even a gentle one — share a piece of what He’s redeemed.

Prayer

Jesus, thank You for redeeming every part of my story — even the messy, painful, and embarrassing chapters. Help me speak with boldness, humility, and wisdom so that my healing can help someone else begin theirs. Use my testimony for Your glory. Amen.

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